

**DEPARTMENT OF THE NAVY  
NAVAL AIR SYSTEMS COMMAND  
PATUXENT RIVER, MARYLAND 20670-1139**



**PLAN OF THE WEEK  
19 JUNE 01 – 26 JUNE 01**

**ALL ORDERS, INSTRUCTIONS AND ITEMS OF PERTINENT INTEREST SET FORTH HEREIN  
WILL BE ANNOUNCED AT DEPARTMENT/DIVISION MEETINGS. ALL HANDS ARE RESPONSIBLE FOR READING  
THE PLAN OF THE WEEK AND OBEYING APPLICABLE ORDERS.**

**COMMANDER:  
VICE COMMANDER:  
COMMAND MASTER CHIEF:  
COMMAND CAREER COUNSELOR:  
DRUG AND ALCOHOL ADVISOR:  
OMBUDSMAN:  
SECURITY MANAGER(ACTING):  
COMMAND MANAGED EQUAL OPPORTUNITY OFFICER:  
NAVAIR AFTER HOURS (BASE CDO):  
NAVAIR INSPECTOR GENERAL HOTLINE:  
NAVY FRAUD, WASTE, AND ABUSE HOTLINE:  
NAVY SEXUAL HARASSMENT ADVICE LINE:  
NAS PATUXENT RIVER, FRAUD, WASTE AND ABUSE HOTLINE:  
NAVAIR MILITARY SUPPORT SERVICES WEB SITE:  
BUPERS HOME PAGE:  
MILPERS WEBSITE:**

**VADM J. W. DYER  
RADM J. A. COOK  
CNOMC(AW) J. CONNOR, 7-7985  
AE1 MURACH, 7-7842  
PNC(SW) DUMAIS, 2-3544  
MRS. REBECCA CONNOR, (301) 863-1827  
MR. J. CODY, 7-2930  
LCDR K. J. GARBE, 2-2683  
2-1095  
(301) 757-1168  
1-800-522-2451  
1-800-253-0931  
(301) 342-7519  
**NEW SITE UNDER CONSTRUCTION**  
**WWW.BUPERS.NAVY.MIL**  
**HTTP://HRO.NAVAIR.NAVY.MIL/MILITARY****

**CARRY OUT DAILY ROUTINE WITH THE FOLLOWING ADDITIONS AND/OR DELETIONS**

**MILITARY SUPPORT SERVICES LAUNCHES NEW WEB SITE:** If you are looking for information regarding military personnel and military personnel programs, there is a new web site that will both provide information and links to other sites. Included are areas regarding PRT, DAPA, Command Career Counselor, Training, FITREPS, Retirement, Leave, Resignations, Check-in Procedures, Advancements and Promotions, Officer Data Card. You will also be able to link to DFAS, NAVADMINs, ALNAVS and the latest Plan of the Week. Go surf around the site and let us know what you think. You can either send an e-mail via the Web Master Link or directly to PNC Dumais at [dumaispa@navair.navy.mil](mailto:dumaispa@navair.navy.mil). Access to the website is available through the link <http://hro.navair.navy.mil/military>

**NAVY LAUNCHES NEW E-LEARNING WEB SITE:** Navy sailors now have greater access to training, education, and professional development courses through the new Navy E-Learning Web site. More than 800 information technology, 350 professional management and leadership courses, and 37 military courses are now being offered through a single, integrated portal on the World Wide Web. The information technology courses range in scope from beginning computer applications, such as Microsoft Word, PowerPoint, Access, and Excel, to local area Network/Wide Area Network (LAN/WAN) administration and programming/ development, such as C++, Java and Visual Basic. Additional courses are available in leadership and management areas. The Navy says the number and variety of courses will expand incrementally, as Web-based courses are acquired from industry, and existing Navy courses are converted for Web delivery. Individuals logging into Navy E-Learning can control the time, place and extent of learning. Other expanded capabilities of the new Navy E-Learning Web site are access to Navy and Department of Defense training and education, video teletraining course catalogs, links to other education, training and professional development information, and a cyber cafe. Students may study with other classmates via the online chat capability of the cyber cafe. Navy E-Learning will also manage, track and record course usage and completions. This program is available for free to all Department of Navy personnel and their families enrolled in Defense Enrollment Eligibility Reporting System (DEERS). This includes active-duty and Reserve members, civil service employees and family members of active-duty personnel. Visit Navy E-Learning at <http://www.navylearning.navy.mil>.

**NAVAL DISTRICT WASHINGTON FORUM FOR MOTHERS IN UNIFORM:** Commandant, Naval District Washington is planning to conduct a one-day forum that would address issues of interest to Navy women, both active duty and reserve, who are also mothers. The theme of this one-day forum would be "balancing career and motherhood in the Navy." Tentatively, the forum is scheduled to take place on 10 September 2001 at the catering and conference center at the Washington Navy yard. A continental breakfast and luncheon will be provided at no cost to attendees. Specific information will be promulgated at a later date. To ensure that the forum agenda covers those issues that most concern Navy

uniformed mothers, we have prepared a survey to solicit ideas on program content and format. Active duty and reserve Navy mothers are asked to complete the survey on line. The website address of the survey is: <http://www.ndw.navy.mil/specialevent/forumformothers/survey.htm>. Directions for completing the survey are provided there. Survey responses submitted by 14 July will form the basis for the forum program. Participation in the survey is strongly encouraged to ensure that the forum accurately reflects the needs and concerns of our uniformed Navy mothers. Questions regarding the survey may be directed to NDW forum planners Katie Cranford (202-433-3728/dsn 288-3728, e-mail [Cranford.katie@ndw.navy.mil](mailto:Cranford.katie@ndw.navy.mil)) or Kathleen Williams (202-433-9059/dsn 288-9059, e-mail [Williams.kathleen@ndw.navy.mil](mailto:Williams.kathleen@ndw.navy.mil)).

**WATCH OUT FOR DEADLY FOOD:** Summertime is the season for outdoor activities, especially cookouts. It's an important time for friends and family to get together and enjoy the warm weather. But before you fire up the grill, there are some important facts you should know. According to the Center for Disease Control and Prevention (CDC), an estimated 76 million cases of foodborne disease occur each year in the United States. The majority of these cases are mild with symptoms that last only for a day or two. CDC estimates that there are 325,000 hospitalizations and 5,000 deaths related to foodborne diseases each year. Leaving food out for extended periods of time can result in bacteria growth on certain foods that eventually develops into chemical compounds called toxins. These toxins cause staphylococcus, the most commonly reported food-related ailment. This infection is the result of tainted meat and related products, poultry and egg products and dairy products. People usually get infected by consuming foods that have not been cooked at 140 degrees Fahrenheit or higher. Food should be refrigerated at 45 F or lower to prevent bacteria from developing. Before you eat that rare steak hot off the grill, remember that beef tapeworms are transmitted by beef that has not been cooked long enough to kill the larvae. Keeping a clean food prep area is also important in eliminating dangerous bacteria. Bacteria can also spread throughout the kitchen and get onto cutting boards, utensils, sponges and counter tops. Wiping clean any food traces immediately after preparation will greatly reduce the chances of food contamination from bacteria. Make sure you keep your cutting boards, dishes and other cooking utensils clean. They should be washed with hot, soapy water after preparing each food item. Consider using paper towels to clean up kitchen surfaces. You should also wash your hands with hot soapy water before handling food and after using the restroom, changing diapers, and handling pets. Use common sense when handling food. This is key to making sure that the food you consume is safe. By practicing good housekeeping, you will enjoy food that will leave you feeling full, not ill. For more information about how to prevent foodborne illnesses, go to the Web site of the Center for Disease Control at [http://wonder.cdc.gov/wonder/prevguid/tp\\_00360.shtml](http://wonder.cdc.gov/wonder/prevguid/tp_00360.shtml).

**NAVY GEARS UP FOR NATIONAL SCOUT JAMBOREE:** The Navy Recruiting Command (CNRC) is making final preparations for the upcoming National Boy Scout Jamboree scheduled to kick off on 23 July and last until 01 August. The jamboree, which takes place once every four years, will be held at Fort A.P. Hill, VA., where the Navy is sponsoring a number of merit badges and events. CNRC is highlighting Navy awareness by sponsoring six merit badge categories: oceanography, energy, computers, fire-safety, wilderness survival and emergency preparedness. More than 50 Sailors have volunteered their time as merit badge trainers. They will also help man a large Navy exhibit area during the event that expects 35,000 scouts and more than 100,000 visitors to attend. Also on site will be CNRC's 20-passenger, full motion F/A-18 Hornet simulator. Additionally, Navy Band Washington and the Atlantic Fleet Band will be performing along with performances by the Navy Drill team and the Navy's Parachute Team, "Leap Frogs." The Navy and Navy Recruiting Command have a strong history of supporting youth programs. The jamboree's slogan, "Strong Values, Strong Leaders," resonates well with Navy core values. "The National Scout Jamboree is yet another opportunity to demonstrate the professionalism of the Navy men and women," said LT Steve Zip, CNRC's jamboree coordinator. "Sailors who participate will have the opportunity to mentor the scouts and help them learn more about Navy professions."

**THIS WEEK IN NAVAL HISTORY:** June 20, 1913: Ensign William D. Billingsley becomes the first fatality of Naval aviation. Piloting the B-2 at 1,600 feet over the water near Annapolis, Md., he was thrown from the plane and fell to his death. LT John H. Towers, riding as a passenger, was also unseated but clung to the plane and fell with it into the water, receiving serious injuries.

- June 21, 1898: In the Pacific, USS Charleston captures the island of Guam from Spain. The Spanish colonial authorities are unaware that there is a war underway.
- June 22, 1884: A Navy relief expedition consisting of the steamers Thetis, Bear and Alert, rescues Army LT A.W. Greely and six others from Ellesmere Island in the Arctic, where they were marooned for three years. All were near death from starvation.
- June 23, 1933: The Navy commissions its last dirigible, Macon (ZRS 5). Two years later, the airship crashed off Point Sur, CA due to structural failure caused by a severe gust of wind.
- June 24, 1833: USS Constitution enters drydock at Charlestown Navy Yard in Boston, Mass., for overhaul. The ship was saved from scrapping after the public rallied behind it following publication of Oliver Wendell Holmes's poem, "Old Ironsides." Visit the Naval Historical Center web site at <http://www.history.navy.mil> for more information about naval history.

**FLEET AND FAMILY SUPPORT CENTER UPCOMING SEMINARS/WORKSHOPS.** The seminars/workshops are open to active duty, retired military personnel and their family members, and DOD Civil Service employees and their spouses. There is no charge; however, reservations are necessary, as seating is limited. Also, FFSC will bring professional/general development training to your organization that meets your needs, whenever you need them. Please call FFSC at 342-4911 for reservations or for more information. For further information see the monthly newsletter. **Child Care: Reimbursement for E-1 through E-5 is available for workshops. Parents must pick up the necessary paperwork prior to the event.**

Retired Activities - Monday-Friday, 1515-1700    Play Group – June 21 28, 1130-1230  
Basic Budgeting – June 27, 0900-1000    Wild Side of Pax – June 27, 1530-1700  
Budgeting for Baby – June 27, 1000-1200    Max Pax – June 28, 0800-1100

S. L. CAMERON  
Director, Military Services (Acting)